

Breakfast

Served until 12 O'Clock

Pastries , Toast, Light & Healthy

Toasted Sourdough Roll & Butter (V)	£1.95
Toasted Sourdough Roll & Preserves (V)	£2.50
Fruit Scone & Butter (V)	£3.50
Butter Croissant with Preserves (V)	£2.95
Fruit Scone, Jam & Butter (V)	£3.95
Cheese Scone & Butter (V)	£3.75
Fruit Scone with Jam and Cream (V)	£4.45
Roasted Granola—with low fat natural yoghurt & berries or milk & berries (V)	£4.50
Egg White Omelette—with avocado, spinach, mushroom, tomato & chopped fresh herbs (V)	£8.95

Crusty Sourdough Rolls

Heinz Baked Beans (V)	£2.95
Crispy Back Bacon & HP Sauce	£5.95
Crispy Back Bacon & Egg	£6.95
Fried Egg & Mushroom (V)	£6.95
Local Cumberland Sausage & HP Sauce	£6.95
Avocado, Poached Egg & Mushroom (V)	£6.95
Local Cumberland Sausage & Egg	£7.95
Eggs Benedict - Smoked back bacon on toasted sourdough, two poached hen's eggs, hollandaise sauce, fresh leaves	£8.95
Eggs Royale - Smoked Salmon, two poached hen's eggs on toasted sourdough with hollandaise sauce, watercress	£9.00
Avocado Spinach Benedict - avocado, baby spinach, two poached hen's eggs on toasted sourdough with hollandaise sauce (V)	£8.95

Brown Sugar XL Full English Breakfast

Smoked Back Bacon, Local Cumberland Sausage, Fried Hen's Egg, Black Pudding, Mushrooms, Fresh tomato, Hash Browns, Baked Beans & Fresh Leaves
£9.95

Brown Sugar Vegetarian

Grilled Halloumi, Avocado, Poached Hen's Egg, Hollandaise, Hash Browns, Flat Mushroom, Fresh Tomato, Baked Beans & Fresh Leaves
£8.95

Brown Sugar Vegan

Smashed Avocado, Grilled Mushrooms, Slow Roasted Tomato, Hummus, Dairy Free Toast & Grilled Tofu
£8.95

Nibbles and Lite Bites

Rocket, Parmesan & Lemon Salad (V) (GF)	£5.95
Olives on Ice (V) (GF)	£3.95
Fresh Soup of the Day with warm bread & butter	£4.95
Crispy Fries (V)	£3.50
Posh Fries - with truffle & parmesan (V)	£4.50
Homemade Cheese Nachos - topped with guacamole, sour cream, tomato salsa (V)	£6.95
Crispy Salt & Pepper Squid - served with lime & chilli mayo	£7.95
Tear & Share Garlic Bread (V)	£6.95
Tear & Share Cheesy Garlic Bread (V)	£7.95
Homemade Potted Shrimps - with sourdough toast	£9.95
Sweet & Sticky Chinese Style Belly Pork Ribs - served with garlic bread	£9.95
Spicy Meatballs - in a roasted vine tomato & basil sauce & toasted flatbread	£7.95
Jalapeno Chilli Cheese Bites served with sour cream dip (V)	£5.95
Homemade Halloumi Hash Brown Bites - with HP sauce (V)	£7.95
Moules Marinière - served with crusty bread	£8.95
Baked Camembert - to share - topped with sun-blushed tomato, garlic & chilli, served with crusty bread & butter (V)	£11.95

Crusty Sourdough Rolls & Fries

HLT Open Sandwich – Grilled Halloumi, avocado, black olives, tomato, baby gem, herb mayonnaise (V)	£7.95
Smoked Salmon, cream cheese and cucumber	£8.95
Tandoori Chicken - served with baby gem lettuce, pickled cucumber & curried mayo	£7.95
Old Fashioned Sugar Glazed Ham - with freshly sliced tomato, gherkin & English mustard	£8.95
Eggs Benedict - Smoked back bacon on toasted sourdough, two poached hen's eggs, hollandaise sauce, chips & fresh leaves	£10.50
Eggs Royale—Smoked salmon, two poached hen's eggs on toasted sourdough with hollandaise sauce, chips & watercress	£10.95
Avocado Spinach Benedict—avocado, baby spinach, two poached hen's eggs on toasted sourdough with hollandaise sauce & chips (V)	£9.95

Always ask a senior member of staff or speak to the chef if you have any food allergies, intolerances or special dietary requirements. Nuts and Sesame Oils may be used in all dishes.

Brown Sugar Signature Dishes

Tempura Lobster Burger, lightly tempura battered lobster meat, mango & aioli, chunky mango & avocado with tomato salsa, crisp romaine lettuce & served on toasted sourdough	£26.00
Glazed XL Ham Steak, with charred pineapple, poached hen's eggs, hollandaise sauce & fries	£16.95

Mains

Smokey Beef Hotdog—served with sweet onion, truffle chips & crispy onion rings on a large crusty baguette	£11.95
Homemade Chip Shop Style Battered Apple & Onion Haggis, served with chips & a herb mayo	£9.95
Sweet & Sticky Chinese Belly Pork Ribs, with garlic bread & chips	£14.95
Local Ribeye Steak - served with truffle butter, cherry tomato, crispy onion rings, peppercorn sauce & fries	£26.00
6 oz Local Fillet Steak - served with truffle butter, cherry tomato, crispy onion rings, peppercorn sauce & fries	£28.00
Fresh Mussels – in a Marinière sauce, served with Sourdough bread, chips & mayonnaise	£15.95

Burgers

8oz Bacon & Cheddar Cheese Burger - topped with fried onions, served with fries & tomato salsa	£14.50
Crispy Fried Chicken Burger - with gem lettuce, beef tomato, back bacon & mango mayo	£13.50
Sweet & Sticky Duck & Plum Burger - topped with cucumber, spring onions, gem lettuce, served with fries & hoi sin sauce	£14.50
Natural Smoked Haddock & Mature Cheddar Cheese Fishcake Burger - topped with a poached egg, served with fries & tartare sauce	£13.50

Focaccia Pizza & Pasta (GF Available, please ask)

Buffalo Mozzarella Pizza - with cherry tomato, basil & oregano (V)	£11.95
Original American Style Pepperoni Pizza	£13.50
Brie, Wild Mushroom & Caramelised Onion Pizza (V)	£13.95
Chicken Caesar Pizza - with olives, anchovies & fresh rocket	£13.95
Spaghetti Carbonara - smoked bacon, onion, garlic, mushrooms, parmesan & fresh herbs	£13.95
Roasted Woodland Mushroom, Pesto, Pine Nut, Baby Spinach & Parmesan pasta, topped with tofu fritters (V)	£13.95
Seafood Spaghetti - fresh seafood tossed in a fresh tomato, garlic & basil sauce with a hint of chilli	£15.95

Salads

Classic Italian Caesar Salad, with romaine lettuce, smoked bacon, parmesan, garlic croute, black olives & anchovies (V)	£9.95
Oven Roasted Tandoori Chicken Salad, with baby gem lettuce, pickled cucumber infused with coriander & five spice, golden sultanas, pine nuts, apple & curry dressing	£13.95
Chargrilled Chicken Caesar Salad, with romaine lettuce smoked bacon, chicken breast, parmesan, garlic croute, olives & anchovies	£14.95
Lobster Caesar Salad, butter poached lobster, with romaine lettuce, smoked bacon, parmesan, garlic croute, olives & anchovies	£24.95

Fresh Homemade Crispy Waffles

Maple Syrup & Vanilla Ice Cream	£4.95
Banana, caramel & Vanilla Ice Cream	£5.95
Blueberry & Crème Fraiche	£5.95
Peanut Butter, Sliced Banana & Crispy Bacon	£7.95
Nutella, Sliced Strawberries, Ice Cream & Fudge Sauce	£6.95
Cream Cheese, Cucumber, Smoked Salmon & Gherkins	£8.95

Desserts – from £2.95 upwards See Cabinet for Extras

Cheesecake of the Day
White Chocolate & Raspberry Roulade
Banoffi Toffee Roulade
Lemon Meringue Pie
Apple Pie & Cream
Ice Cream Strawberry Croissant Sandwich

Sunday Roast – Served from 12:00

Roast Beef with all the trimmings	£14.95
Roast Pork with all the trimmings	£13.95

(V) = Vegetarian Dish, Gluten Free - some dishes can be altered to suit a gluten free diet, please ask

Shakes & Smoothies

Acai Kick - Acai, strawberry, blueberries & mango, giving a fantastic kickstart to your day	£3.95
Passion Storm - passion fruit, papaya, pineapple, peach, guava & Aloe Vera, good for hair, skin & nails	£3.95
Raspberry Heaven - full of antioxidants, raspberry, blueberry, apple & Mango	£3.95
Green Reviver - curly kale, lemon grass, banana & mango for a healthy & zesty delight, good for preventing coughs, fevers & colds	£3.95
Berry Protein - strawberry, blueberry, raspberry, grape, banana with whey and pea protein	£4.50
Strawberry Shortcake Mega Shake	£4.50
Banoffee Mega Shake	£4.50
Chocolate Brownie Mega Shake	£4.50
Plain Milk Shakes—choose from strawberry shortcake, choc chip or banoffee blast	£3.50
Gym Buddy—add a scoop of protein or wheat grass (per scoop)	£1.95

Teas

Pot of Lakeland Tea, or Decaffeinated Tea	£2.95
Earl Grey - Aromatic black leaf tea	£3.95
Gunpowder & Mint - green tea with Moroccan mint	£3.95
Camomile—finest grade camomile, caffeine free	£3.95
Berry & Hibiscus - fruit infusion with hibiscus flower	£3.95
Spiced Chai - an aromatic blend of tea, milk and aromatic spices & 99% caffeine free, rich in antioxidants	£3.95
Matcha Green Tea Latte Blend - contains organic matcha green tea with wheatgrass, peppermint leaf and has anti-oxidant properties	£3.95
Lily Fairy - green tea, lily & jasmine - calming, aids digestion & sleep, beneficial to the liver & eyes	£4.95
Oriental Beauty - green tea with marigold & jasmine - great for sore throats or a cough, also aids digestion	£4.95

Coffees & Hot Chocolate

Americano	£2.95
Espresso	£2.95
Café Latte	£3.20
Cappuccino	£3.20
Double Espresso	£3.20
Iced Coffee - with cream & chocolate	£4.50
Posh White Hot Chocolate - topped with marshmallows &	£4.50
Posh Milk Hot Chocolate - topped with marshmallows &	£4.50

Drinks Menu

Soft Drinks

J2O, Appletiser	£2.50
Britvic 55 Orange	£2.70
Pepsi Max, Diet Pepsi, Lemonade, Tango	£2.20
Tonic (various flavours)	from £2.30
Ginger Ale	£2.30
Ginger Beer	£2.40
Apple Juice, Orange Juice & Cranberry Juice also available	

Cocktails

Cherry Bakewell, cherry brandy & cranberry base, Disaronno for the almond, all topped with whipped fresh cream	£9.95
Lemon Meringue Pie in a Glass, Limoncello, citron vodka & fresh lemon juice topped with whisked egg whites & sugar, blowtorched to create a meringue topper	£10.95
Peach & Mango Daiquiri, peach schnapps & frozen peach & mango chunks blended with Bacardi	£9.95
Cucumber, Apple & Mint Martini - apple vodka, cucumber syrup, cloudy apple juice & fresh mint	£9.95
Espresso Martini - vodka, Kaluha & espresso, the coffee lover's cocktail	£7.95
Passion Fruit Pornstar - one of our most popular cocktails, a fizzy delight packed full of passion! Passoa, passion fruit puree, vodka & pineapple	£8.95
Butter Beer - a smooth delight! - vodka syrup, lemonade, vanilla vodka & cream	£9.95
Aperol Spritz - Aperol, soda & prosecco, garnished with a slice of orange	£9.95
Long Island Iced Tea - gin, tiquila, triple sec, Bacardi, sour mix & coke	£10.95
Gintasia - a mixture of cherry & rhubarb gin, blended with crushed ice, watermelon juice & sour mix	£10.95
Billionaire's Punch - a two pint pitcher, filled with mint, fresh fruit & strawberry Pimms, all served with a bottle of Moet Ice Champagne to pour over	£119.99
Grey Goose Vodka - dirty or twist	£9.95
Margarita - served frozen	£10.95
Bellini - ask about our flavours - and why not make it a royal with a Champagne alternative	£7.95
Bloody Mary - spiced rich tomato juice, vodka, lemon juice, Worcestershire sauce & Tabasco	£7.95

Gin - Prices from £3.95

Monkey 47 - unites British traditions & exotic tastes, purity & the natural tones of the Black Forest
Ophir - pronounced o-peer. Strongly spiced with a warmth of black pepper & cubebs, best paired with Fever Tree ginger ale & garnished with grapefruit & a cinnamon stick for extra depth & warmth
Tanqueray No.10 - exceptionally & uniquely distilled with fresh citrus, paired with Fever Tree Mediterranean tonic & garnished with lime for a great refreshing taste
Sipsmith - well balanced with a classic juniper taste, great paired with Fever Tree tonic & garnished with a lime wedge
Raspberry - an initial distinct juniper, coriander & liquorice flavour, giving way to a bright & fresh taste of Scottish raspberries
Blood Orange - bright, zesty aromas head up a clean citrus gin. A sweet fruit burst of Sicillian blood oranges offers a smooth crisp taste of the Med.
Whitley Neill Violet - from pastel violet to a jewel-toned rich purple, JJ Whitley's take on the trend offers a delicate taste of violet on top of a soft juniper base
Rhubarb & Ginger - the essence of rhubarb adds a tart crisp edge to a smooth English gin base, whilst the ginger extract warms the palate for a full-bodied finish. Paired with Fever Tree
Pink Premium - with touches of juniper & strawberry, this five-times distilled gin has a taste of red fruits & herbs with a soft &
Cherry—a childhood memory in a glass. A delicious cherry flavour will transport back across the years!
Please ask our staff for our other available gins

Rum £4.30

Dead Man's Fingers speciality rum; Coconut, Coffee or Spiced—please ask staff for details of other varieties

Vodka

Smirnoff	£3.50	Ciroc Apple	£3.65
Absolut	£3.80	Chase	£4.75
<i>Please ask staff for details of our large variety of plain & flavoured vodkas</i>			

Allergies

Some drinks may have ingredients which could cause an allergic reaction, please ask staff if you have any concerns

Whisky

Famous Grouse	£3.50	Jameson	£3.95
Glenfiddich	£4.30	Glenmorangie	£4.15

Please ask staff for our other varieties of whiskies

Beers & Cider

We have a large variety of draught beers, as well as craft ales, Guinness and Cider

Please ask our staff for details

Brown Sugar's Top Floor is also available for Private Parties, when available, with free room hire for those with over 25 people
Please ask for details

When in Bowness-on-Windermere, why not try

The Village Inn Bar and Grill
Offering a wide range of local and international beers, cocktails and wines; and freshly cooked food including breakfast, light snacks and main meals.

Lake Road, Bowness-on-Windermere,
Tel: 015394 43731