

Brown Sugar – Breakfast

Served 8:00 am – 11:00 am

SMOOTHIES

Acai Kick – Acai, Strawberry, Blueberries & Mango giving a fantastic kickstart to your day	£3.95
Passion Storm – Passion Fruit, Papaya, Pineapple, Peach, Guava & Aloe Vera, good for hair, skin & nails	£3.95
Raspberry Heaven – full of antioxidants, Raspberry, Blueberry, Apple & Mango	£3.95
Berry Protein – Strawberry, Blueberry, Raspberry, Grape, Banana with Whey & Pea Protein	£3.95
Green Reviver – Curly Kale, Lemon Grass, Banana & Mango for a healthy & zesty delight, good for preventing coughs, fevers & colds	£3.95
Gym Buddy – add one scoop of protein or Wheat Grass to the above	£1.95

MILK SHAKES

Strawberry Shortcake Mega Shake	£4.50	Banana Banoffee Mega Shake	£4.50
Chocolate Brownie Mega Shake	£4.50	Plain Milk Shakes – Choose from Strawberry Shortcake, Choc Chip or Banana Blast	£3.50

PASTRIES & TOAST

Toasted Bagel & Butter (V)	£1.95	Toasted Bagel & Preserves (V)	£2.50
Fruit Scone & Butter (V)	£3.50	Butter Croissant with Preserves (V)	£2.95
Fruit Scone, Jam & Butter (V)	£3.95	Danish Pastry – freshly cooked daily (V)	£2.95
Fruit Scone, Jam & Cream (V)	£4.45	Cheese Scone & Butter (V)	£3.75

BROWN SUGAR – FULL ENGLISH

Smoked Back Bacon, Local Cumberland Sausage, Fried Hen's Egg, Black Pudding, Mushrooms, Fresh Tomato, Hash Browns, Baked Beans & Fresh Leaves
£7.95

BROWN SUGAR – VEGGIE FULL ENGLISH

Grilled Halloumi, Avocado, Poached Hen's Egg, Hollandaise, Hash Browns, Flat Mushroom, Fresh Tomato, Baked Beans & Fresh Leaves
£7.95

EGGS

Eggs Benedict – Smoked Back Bacon on toasted buttered bagel, two poached hen's eggs hollandaise sauce & fresh leaves	£7.95	Eggs Royale – Smoked Salmon, two poached hen's eggs on toasted buttered bagel with hollandaise sauce & fresh leaves	£8.95
Avocado Spinach Benedict – Avocado, baby spinach, two poached hen's eggs on toasted buttered bagel & hollandaise sauce (V)	£7.95		

LIGHT & HEALTHY – LOW CARB

(BEST ACCOMPANIED BY FRESH JUICES OR DETOX TEAS)

Brown Sugar Roasted Granola – with low fat natural yoghurt & berries or milk & berries (V)	£4.50	Egg White Omelette – with avocado, spinach, mushroom, tomato & chopped fresh herbs (V)	£7.95
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HOT TOASTED BUTTERED BAGELS

Crispy Back Bacon & HP Sauce	£5.95	Heinz Baked Beans (V)	£2.95
Crispy Back Bacon & Egg	£6.95	Fried Egg & Mushroom (V)	£6.95
Local Cumberland Sausage & HP Sauce	£6.95	Avocado, Poached Egg & Mushroom (V)	£6.95
Local Cumberland Sausage & Egg	£6.95		

FRESH HOMEMADE WAFFLES

Blueberry & Crème Fraiche (V)	£5.95	Crispy Waffle & Maple Syrup (V)	£4.95
Banana, Maple Syrup & Bacon with Crème Fraiche	£6.95		

Add Extras: Strawberry, Banana, Blueberries, Ice Cream, Crispy Bacon £1.00 each

BREAKFAST COCKTAILS – Served from 9:00 am

Bucks Fizz – freshly squeezed orange juice topped with Prosecco	£5.95	Bloody Mary – tomato juice, vodka, lemon juice, Worcestershire sauce & tabasco	£7.95
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TEAS

Pot of Lakeland Blend Tea, or Decaffeinated Tea	£2.95	Earl Grey – Aromatic black leaf tea	£3.95
Gunpowder & Mint – Green tea with Moroccan	£3.95	Camomile – finest grade camomile, caffeine free	£3.95
Berry & Hibiscus – Fruit infusion with hibiscus flower	£3.95	Oriental Beauty – Green tea with marigold & jasmine – great for sore throats or a cough, also aids digestion	£4.95
Lily Fairy – Green tea, lily & jasmine – calming, aids digestion & sleep, beneficial to the liver & eyes	£4.95		

COFFEES & HOT CHOCOLATE

Americano	£2.95	Espresso	£2.95
Café Latte	£3.20	Cappuccino	£3.20
Double Espresso	£3.20	Iced Coffee – with ice cream and chocolate	£4.50
Café Mocha	£3.50	Liqueur Coffee – please ask for details	
Matcha Green Tea Latte Blend – contains organic matcha green tea with wheatgrass, peppermint leaf, has anti-oxidant properties	£3.95	Spiced Chai – an aromatic blend of tea, milk & aromatic spices & 99% caffeine free. Rich in anti-oxidants & other nutrients	£3.95
Syrups available at 60p per shot or 90p per double		Soya, Coconut or Oat Milk (when available) at 25p extra	

Posh White Hot Chocolate – topped with marshmallows & lashings of cream, served with a marshmallow & chocolate stick	£4.50	Posh Milk Hot Chocolate – topped with marshmallows & lashings of cream, served with a marshmallow & chocolate stick	£4.50
Liqueur Hot Chocolate – please ask for details			

We are proud to say that most of our ingredients are sourced locally and, where possible, we make food to order. Please be aware that there may be a waiting time.
(V) = Vegetarian Dish – other dishes can be altered to suit a gluten free diet, please ask

Always ask a senior member of staff or speak to the chef if you have any food allergies, intolerances or special dietary requirements



Brown Sugar

LICENSED

A licensed café bar offering a full range of home cooked fayre 8 till late (winter hours may vary), light bites and hearty meals, using only the best ingredients, all locally sourced. A locally sourced Chef's Menu is available from 6:00 pm



Brown Sugar
Main Road, Windermere, LA23 DY
Tel: 015394 88260



Top floor available to hire, please ask staff for details



The Pig

The Pig offers relaxed casual dining with a twist in a modern atmosphere. Home cooked food, ales, wines and spirits served from morning to night - Come and try! Serving food all day from Breakfast.

The Pig
13 Crescent Road, Windermere, Cumbria LA23 1EA Tel: 01539
234010
info@thepigwindermere.co.uk www.thepigwindermere.co.uk

Village Inn bargrill

The Village Inn Bar and Grill

Offering a wide range of local and international beers, cocktails and wines; and freshly cooked food including breakfast, light snacks and main meals.

The Village Inn Bar and Grill
Lake Road, Bowness-on-Windermere, Windermere, Cumbria LA23 3DE Tel: 015394
43731
info@villageinnbowness.co.uk www.villageinnbowness.co.uk